

becoming an



# *Outdoors- Woman Field Day*

**June 20, 2009**

**John Sevier Hunter Education Facility  
Knoxville, Tennessee**

***Sponsored by the Tennessee Wildlife Resources Agency***

## **Becoming an Outdoors-Woman Field Day 2009**

Becoming an Outdoors-Woman Field Day is primarily aimed at women, but is an opportunity for anyone 18 years or older to learn outdoor skills usually associated with hunting and fishing, but useful for many outdoor pursuits.

This field day is for you, if....

- *you have never tried these activities, but have hoped for an opportunity to learn.*
- *you are a beginner who hopes to improve your skills.*
- *you know how to do some of these activities, but would like to try your hand at some new ones.*
- *you are just looking for the camaraderie of like-minded individuals.*

## FIELD DAY SCHEDULE

**SATURDAY, JUNE 20, 2009**

8-9 a.m. Check In and Registration

9-12 p.m. Session I

12-1 p.m. Lunch

1-4 p.m. Session II

### **A. All Terrain Vehicle Operation**

Learn the proper and safe way to ride all terrain vehicles with as little environmental impact as possible. Instructors will help you navigate through an off-road course that simulates likely outdoor terrain.

### **B. Introduction To Pistol Shooting**

In addition to covering the basic operation and safe handling of pistols, this class will also cover the fundamentals of proper pistol shooting for accurate shot placement. Participants will have an opportunity to shoot both revolvers and semiautomatic pistols of different calibers.

### **C. Introduction To Firearms**

This course will cover the basic types of firearms, firearms safety, and the basics of selecting and purchasing firearms. The course includes actual shooting of rifles, and shotguns.

### **D. Basic Archery**

Participants will learn the proper methods of fitting, selecting and using archery equipment for both field archery and bowhunting. A range will be set up for students to practice their shooting skills and techniques.

### **E. Dutch Oven Cooking**

Learn the basics of primitive campfire cooking. From the proper techniques for campfire construction to the simple ingredients needed, students will gain new ideas for back country cooking. The participants will take an active part in preparing and tasting these delicious dishes.

### **F. Outdoor Perils For Pets And People**

We all enjoy the outdoors but there are some perils in the outdoors of which we should be mindful. In this session, students will learn how to identify the plants, insects, reptiles and other things that can cause outdoor experiences to be less than pleasant, along with measures to deal with them in the event of contact.

### **G. Women's Self Defense**

Learn the skills necessary to defend yourself against a larger, stronger attacker. This comprehensive program includes both armed and unarmed self-defense coordinated into a powerful and effective system. Emphasis is placed on awareness of the environment to avoid confrontation and the skills to deal with a violent attacker should it become unavoidable. The lessons taught are from real life applications and are proven to work.

### **H. Boating Safety Education**

Students will receive information on knowing your boat, getting underway, operating safely, legal requirements, boating emergencies and enjoying water sports. After the course is taught, an exam will be offered. Upon passing the exam, students will receive certification that they have complied with the state boater education law. Students must purchase a Type 600 Boating Safety Exam Permit from a license agent prior to the course and present the receipt before the exam is given.



If you cannot attend but would like to be placed on the BOW mailing list, please fill out and mail in the form below.

# REGISTRATION for Becoming an Outdoors-Woman Field Day June 20, 2009

**Only one person may register per form. Please photocopy for additional registrations.**

Name \_\_\_\_\_ Email \_\_\_\_\_

Phone Day (     ) \_\_\_\_\_ Evening (     ) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

**The applicant, by signing below, recognizes that the program involves some risk and that he/she takes responsibility for any action or injury that may result by participating.**

\_\_\_\_\_ (Signature)

**Concurrent Sessions: Please indicate your first (1), second (2), and third (3) choices in each of the two sessions.**

**Session I**

- \_\_\_A. All Terrain Vehicle Operation
- \_\_\_B. Introduction To Pistol Shooting
- \_\_\_C. Introduction To Firearms
- \_\_\_D. Basic Archery
- \_\_\_E. Dutch Oven Cooking
- \_\_\_F. Women's Self Defense

**Session II**

- \_\_\_A. All Terrain Vehicle Operation
- \_\_\_C. Introduction To Firearms
- \_\_\_D. Basic Archery
- \_\_\_G. Outdoor Perils For Pets And People
- \_\_\_H. Boating Safety Education

### Workshop Fee

\$25 includes lunch/snacks

Make checks payable to: Tennessee Wildlife Resources Agency

Upon receipt of your registration and payment, you will be sent a confirmation with a map. Demonstration equipment will be provided by the instructors. Registrants who do not attend and do not cancel by June 10 will be assessed the full program fee. The field day will be held rain or shine so dress for the weather.

Send enrollment form and fee to:  
**Becoming an Outdoors-Woman Field Day**  
c/o Tennessee Wildlife Resources Agency  
P.O. Box 40747  
Nashville, TN 37204  
ATTN: Donald Hosse

**For further information call 615-781-6541.**

**REGISTER NOW! WORKSHOP SPACE IS LIMITED.**



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The logo for On Target Training Center, Inc. features a stylized target symbol on the left, consisting of a circle with a smaller circle inside and a dot in the center. To the right of the target, the word "On" is written in a bold, sans-serif font, followed by the word "Target" in a larger, bold, sans-serif font. Below "On Target", the words "Training Center, Inc." are written in a smaller, bold, sans-serif font.

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Tennessee Wildlife Resources Agency Authorization No. 328762, 1,000 copies, April, 2009. This public document was promulgated at a cost of \$.25 per copy.